Welcome to Wyndham Clinic Private Hospital

Wyndham Clinic Private Hospital is the first comprehensive private mental health service in Melbourne’s West located just 15 minutes from the Westgate bridge.

Our modern, purpose built facility is fully accredited to the National Safety and Quality Healthcare Standards and National Mental Health Standards. We offer unprecedented choice and services for accessible, quality mental health care.

Our services include dedicated inpatient units for adult mental health, drug and alcohol treatment and youth mental health. These services are supported by day programs and an outpatient psychiatry service.

Our services facilitate recovery with appropriate therapy, skills development and broad support networks.
Our Facilities
Our new hospital is architecturally designed with clean modern lines in a light and comfortable welcoming environment for our patients and their families. We have numerous lounge and outdoor facilities with pleasant views, a day program centre and superior accommodation. Our spacious private rooms are safe and secure, each with their own private en-suite and television. We are located within a busy medical precinct that also offers a café, pharmacy and medical support services. Each unit also includes its own recreation terrace and lounge facilities with televisions, games, internet terminals and free wi-fi.

Our Team
As a smaller hospital, our team can offer the advantage of the personal touch. Our medical and allied team members have decades of experience at leading mental health facilities. A fortnightly carers evening is offered to all friends and family seeking support and information.

The Clinic surpasses all accreditation requirements and meets all 10 NSQHS (National Safety and Quality in Health Service) Standards.
The recovery model is the foundation of care delivery at Wyndham Clinic Private Hospital using a person-centred and humanistic approach. Staff facilitate recovery by providing information, skills, networks and support.

Detailed, holistic assessment is undertaken from pre-admission through to discharge by our experienced, multi-disciplinary team of clinicians. Individual and group therapy offers patients peer support, improved understanding of their illness, abilities and disabilities along with skill development.

The group therapy sessions include:
- Acceptance and commitment therapy
- Psycho-education
- Mindfulness
- Developing positive coping strategies
- Relaxation
- Discharge planning
- Community engagement
- Relapse prevention
- Anxiety and depression management
Drug and Alcohol Program

We offer a 28 day in-patient, abstinence-based Drug and Alcohol Treatment Program. Patients are admitted under the care of Consultant Psychiatrists working collaboratively with a specialist multi-disciplinary team consisting of nursing, allied health staff, psychologists and medical doctors.

Our program includes a medical detoxification and rehabilitation, medically led by a multi-disciplinary team. Our psychiatrists have over 20 years experience within Australia, the UK and Ireland.

Our service provides 1:1 time with Consultant Psychiatrists and/or the multidisciplinary team as well as extensive group therapy programs using a range of therapies to improve self-understanding, a skill-set to enhance resilience and to manage or ideally avoid relapse.
Youth and Adolescent Service

Wyndham Clinic Private Hospital Youth Services offers evidence-based inpatient and day program treatment to young people aged 15-21 years.

Our inpatient youth service is delivered in a purpose-built unit with substantial recreation and group areas, private rooms with ensuite bathroom, computer, and wi-fi access. All clients are admitted under the care of an experienced psychiatrist, working collaboratively with a specialist multidisciplinary team consisting of nursing, clinical psychology, occupational therapy, and social work.

Families are supported by our carer consultant with fortnightly carer support groups and regular family and friend groups delivered by our psychiatrists.
Day Programs

We offer a number of Day Programs from our dedicated day program centre at Wyndham Clinic Private Hospital. We value collaborative treatment with primary care providers and specialists. All programs are designed to complement any existing therapy.

Our Day Programs include:
- The Wellbeing Program
- Cognitive Behavioural Therapy for Anxiety and Depression
- Dialectical Behaviour Therapy Program
- Acceptance and Commitment Therapy
- Youth Day Program
- Drug and Alcohol Recovery Maintenance Program

Please check our website for further information.

Outpatient Referrals

Wyndham Clinic Private Hospital is part of the health precinct in Werribee. We offer an outpatient referral service and can introduce patients to one of our many credentialed psychiatrists. Simply speak to your GP for a referral and we can arrange an appointment for you with one of our psychiatrists. Call us on 03 8742 2269.
Testimonials

“Thank you for not only a welcoming and comfortable stay, but a healing one”

“I have gotten so much out of the admission, and to that I owe the experience and compassion of everyone”

“You are all wonderful and without you I would not have been able to take the next ‘new start’ steps ahead of me”

“I have just visited my grand daughter and was so impressed with the facilities and staff, I am sure she will benefit from all the skills and attention she is getting in here.”

Referrals

Referrals from General Practitioners and Psychiatrists, can be made either directly to one of our credentialed psychiatrists or contact the admissions team on 03 9731 6646.

Admission

Day and inpatient admissions must be under the care of a credentialed psychiatrist. This can be accessed through our intake team on 03 9731 6646.

Discharge

Referring doctors will be informed of discharge 24 hours prior and a follow-up telephone call will be made to the patient within 72 hours.

Transitional care is offered through the Wyndham Clinic Private Hospital Day Programs.

Further Information

Please contact our admissions team on 03 9731 6646.